

# The BLESS Prayer Guide



A SIMPLE STRATEGY TO PRAY FOR THE LOST

## THE 5 x 5 x 5 PLAN

A simple and powerful way to begin.



**5 PEOPLE**  
Pray for 5 people.



**5 MINUTES**  
Pray for 5 minutes a day.



**5 DAYS**  
Pray 5 days a week.



**5 WEEKS**  
Pray for 5 weeks.

### CHOOSE YOUR 5

Ask God: "Who have you placed in my life that needs You?"

## PRAY USING B.L.E.S.S.

**B**



### BODY

Pray for their physical needs.  
Health • Protection • Strength

**L**



### LABORS

Pray for their work and daily responsibilities.  
Job • Finances • Direction

**E**



### EMOTIONS

Pray for their inner life.  
Peace • Joy • Hope

**S**



### SOCIAL

Pray for their relationships.  
Family • Friendships • Healing

**S**



### SALVATION

Pray for their spiritual life.  
Open heart • Know Jesus • Respond to God's love

## MY 5 NAMES

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## FINAL ENCOURAGEMENT

God is working—  
even when you cannot see it.  
Every prayer matters.  
You are partnering with Him  
to bring light into  
someone's life.



# INVITE *Your Neighborhood to Christ*

A LIFESTYLE OF PRAYER, CARE, AND SHARING

**I**



### IMITATE CHRIST

Ask: "What would Jesus do in this situation?"

- Show kindness
- Serve others
- Reflect His love

**N**



### NAME PEOPLE IN PRAYER

Be specific. Pray for individuals by name and for their real needs.

God responds to intentional prayer.

**V**



### VOICE GOD'S WORD

Speak life over your surroundings.

- Pray Scripture
- Declare truth
- Speak hope

Your prayers shift the spiritual atmosphere.

**I**



### INITIATE RELATIONSHIPS

Take small steps to build real connections.

- Start conversations
- Show interest
- Build trust

People open their hearts through relationships.

**T**



### TELL THE GOOD NEWS

When God opens the door:

- Share your story
- Speak about Jesus
- Be natural and sincere

God uses everyday moments to reach hearts.

**E**



### EXPECT GOD TO MOVE

Believe that God is already at work.

- God is drawing people
- God will use you
- God can do more than we imagine

Faith releases boldness.

Let your light shine before others, that they may see your good deeds and glorify your Father in heaven. **MATTHEW 5:16**

# How to Pray for Others in Everyday Life

BRINGING THE TOUCH OF JESUS THROUGH PRAYER

**1**



### BE AWARE

Start your day by asking:  
"Lord, who do you want me to pray for today?"

Look for people who are hurting, people who share a need, moments where God is prompting you.

**2**



### EXPECT GOD TO LEAD

Walk through your day with expectation.

God wants to use you.

He will open doors and create opportunities.

**3**



### LISTEN BEFORE YOU PRAY

Take a moment to pause.

Ask the Holy Spirit:

- What should I pray?
- What is really needed here?

His guidance makes your prayers powerful.

**4**



### STEP OUT IN FAITH

Gently ask:  
"Is there anything I can pray for you about?"

You may be surprised—many people are open.  
Don't wait for perfect conditions.

**5**



### PRAY SIMPLY

Keep it:

- Short
- Clear
- Focused

You don't need to impress—just connect with God.

**6**



### FOLLOW THE HOLY SPIRIT

As you pray:

- Stay sensitive
- Adjust if needed
- Trust His leading

**7**



### KNOW WHEN YOU'RE DONE

You don't need to keep going longer than necessary.

Let God finish the work.

**8**



### GIVE GOD THE GLORY

Afterward:

- Thank Him
- Recognize His work

You are simply His vessel.

## FINAL ENCOURAGEMENT

*Every prayer you pray matters.*

You are bringing the touch of Jesus into real lives.  
And that changes everything.

*"The prayer of a righteous person is powerful and effective."*

**JAMES 5:16**