

ACTIVATION IDEAS FOR TRAINING

Simple, practical ways to help people grow through action, not just learning.

01



PRAY TOGETHER

People grow when they participate.

- Pray one sentence each
- Pray for one specific need
- Pray through a Scripture

02



PRACTICE SIMPLE STEPS

Small steps build confidence.

- Practice short prayers
- Take turns leading
- Try guided prayer prompts

03



USE SCRIPTURE

God's Word strengthens prayer.

- Read a verse and pray it
- Personalize Scripture
- Pray promises of God

04



SMALL GROUP ACTIVATION

Smaller groups increase participation.

- Break into pairs
- Pray in groups of 3
- Share and pray for each other

05



REFLECTION AND RESPONSE

Growth deepens when people reflect.

- Ask what God is showing them
- Share briefly
- Write a short prayer

ASK YOURSELF



Did people participate?



Did they grow in confidence?



What worked well?

SIMPLE ACTIVATION FLOW

Follow this simple flow to help others move from learning to doing.



1. EXPLAIN

Give one simple instruction.

Make it short, clear, and easy to understand.



2. MODEL

Show them how.

Demonstrate so they can see it in action.



3. PRACTICE

Let them try.

Give them space to practice what they've learned.



4. ENCOURAGE

Affirm and guide.

Encourage their effort and offer helpful guidance.



5. REPEAT

Build consistency over time.

Repeat, reinforce, and keep moving forward together.



*Practice builds confidence.
Participation builds growth.*

GOD BRINGS TRANSFORMATION.

